Autism and Perception of Reality

Produced with support from @AdamP_SEN_SLT

Some people get confused about what is real and what is not real.

Some films are based on real stories, but many films are not real.

Copying things you have seen in films or games is often a bad idea because you might put yourself in danger.

If you are confused about whether something is real, you should ask someone you trust.

We can support people by speaking about what they have seen online.

Some films or games are for adults, and not everything you see online is safe.

You should spend time online as well as doing things that are offline.

If you have seen something that has made you feel sad or confused online, talk to someone you trust. .